

## **Arlington Council on Aging**

### **Meeting Minutes September 7, 2017**

**Present:** Mara Klein Collins, Jim Munsey, Noreen Murphy, Rick Fentin, Ann Fitzgerald, and Marge Vanderhill. Joseph Curro, Selectman representative.

**Absent:** Paul Raia, Dick Phelps, Jill Greenlee, and Susan Carp, ED

A. Call to order: The regular meeting of the Council on Aging Board was called to order by Mara Klein Collins at 6:06PM on September 7, 2017, at 27 Maple Street, Arlington, MA.

B. Minutes of June 15, 2017, approved by all.

C. Report of the Chair

1. Christine Angell gave an update on the 5K race on September 10. The total proceeds should exceed previous years. 237 runners are registered so far. Additional volunteers are needed to cover the race. It was suggested that each sponsor receive a letter of acknowledgment from Susan.
2. Christine Bongiorno gave an update on the Friends. The attorney general's office will mediate.
3. The senior center's brick sidewalk renovation has been delayed until next spring.

D. Old Business: Minuteman Senior Services, Marge reporting

1. Alison Cservenschi, Director of Bedford COA, gave an overview of the program and services offered to seniors as well as future plans and goals. These goals will be aided by a U of MA Boston Needs Assessment.
2. The MSS needs representatives on the board from Burlington, Foxboro, Maynard, and Woburn.
3. The MSS Board voted budget items and approved the treasurer's report.

E. New Business

1. Jim will attend a training session in Shrewsbury on SNAP. Fuel assistance has the same criteria for qualifying. Ann suggested coordinating lists with the WIC program, Women Infants and Children.
2. Noreen reported on a sub-committee of the National Academy of Elder Law: Dementia Friendly Initiative.
  - a. She suggested all Memory Cafes be listed on the Alzheimer's webpage.
  - b. Purple restaurants are available which have trained staff that can work with adults who have cognitive impairment.

F. Other Business: Goals

1. Update on Age Friendly Community
2. Update on the Senior Center renovation
3. Increase funding for COA staff.

G. The meeting was adjourned at 7:15pm.